I am employed and still on the job and I need paid time from work*

Including self-employed, gig workers, and independent contractors

You may be able to use Unemployment Insurance to make up some or all of the difference

Your employer may be able to enter into a work-sharing agreement with your state unemployment office

If you do not qualify for regular state unemployment benefits, you may be able to get Pandemic Unemployment Assistance

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

If you are caring for a child out of school/day care; Up to 12 weeks, up to $200/day total $12,000

I am working less because of COVID**

You may be able to use Unemployment Insurance to make up some or all of the difference

For states that don’t you can receive Pandemic Unemployment Assistance

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

You can receive your state’s unemployment benefits; they will be paid for by the federal government

These laws have some exceptions. Read our factsheets for details

I don’t have a job/ I don’t have any hours**

Federal Paid Sick Days

I am sick from COVID or under public health order to stay home

You need to care for someone else in your household

Some states offer regular unemployment benefits if you lose part of your hours

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

I need to care for my child who is out of school/childcare

I need to care for someone else in my household

Federal Paid Sick Days

You will automatically transition to Pandemic Emergency Unemployment Compensation

Pandemic Emergency Leave

Talk to your employer about potential accommodations

Apply for unemployment insurance if you must leave your job

Up to 80 hours; Full pay up to $511/day

Up to 80 hours; 2/3 pay up to $200/day

Up to 80 hours; 2/3 pay up to $200/day

Up to 80 hours; 2/3 pay up to $200/day

If you are caring for a child out of school/day care; Up to 12 weeks, up to $200/day total $12,000

I am still unable to work after using federally available time

I am still unable to work after using federally available time

I am sick from COVID or under public health order to stay home

You need to care for someone else in your household

Some states offer regular unemployment benefits if you lose part of your hours

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

I am a regular employee

Apply for regular state unemployment benefits

I’ve run out of regular and extended benefits

You will automatically transition to Pandemic Emergency Unemployment Compensation

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

13 more weeks can be covered

I am self-employed/contractor/gig worker or otherwise not qualified for regular unemployment

If you are not eligible for regular state Unemployment Insurance, apply for Pandemic Unemployment Assistance

Your benefit will be at least 1/2 of your state’s regular minimum payment. May be higher

Pandemic Unemployment Assistance is up to 39 weeks of leave

In both cases, you are eligible for an additional $600/week under Pandemic Unemployment Compensation until the week ending July 26, 2020

This program is for businesses of 500 or fewer; healthcare and emergency workers may not be covered; businesses of 50 or fewer may opt not to offer leave for school closures.

**Undocumented workers are not covered by these benefits.